### **ARIZONA COVID-19 RESPONSE**

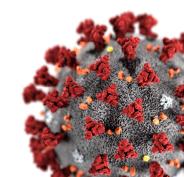
### **What Long Term Care Facilities Should Know**

- Based on what is currently known about COVID-19 and what is known about other coronaviruses, spread is thought to occur mostly from person to person via respiratory droplets among close contacts.
- Close contact can occur while caring for a patient, including:
  - Being within approximately 6 feet (2 meters) of a patient with COVID-19 for a prolonged period of time.
  - Having direct contact with infectious secretions from a patient with COVID-19. Infectious secretions may include sputum, serum, blood, respiratory droplets and other potentially infectious materials.

#### How you can prepare

- Stay informed about the local COVID-19 situation.
  - You can visit <u>azhealth.gov/covid19</u> or contact your<u>Local Health</u>
    <u>Department</u> for the most up-to-date news about the virus in Arizona.
- o Review your infection prevention and control policies.
- Develop, or review, your facility's emergency plan.
  - A COVID-19 outbreak could lead to staff absenteeism. Prepare alternative staffing plans to ensure staff availability.
- Have a plan to ensure proper cleaning and disinfection of environmental surfaces and equipment
  - Routine cleaning and disinfection procedures are appropriate in healthcare settings, including those patient-care areas in which aerosol-generating procedures are performed.

## **Long Term Care Facilities**



#### **Preventing spread**

- Routine cleaning and disinfection procedures are appropriate in healthcare settings, including those patient-care areas in which aerosol-generating procedures are performed.
- Management of laundry, food service utensils, and medical waste should also be performed in accordance with routine procedures.

#### **When to Contact Occupational Health Services**

- If you have an unprotected exposure (i.e., not wearing recommended PPE) to a confirmed or possible COVID-19 patient, contact your supervisor or occupational health immediately.
- If you develop symptoms consistent with COVID-19 (fever, cough, or difficulty breathing), do not report to work. Contact your occupational health services.

#### Who to contact if you have questions?

Please contact your local health department for more guidance and information.

azhealth.gov/localhealth

#### **Additional Resources**

- azhealth.gov/coronavirus
- o Strategies to Prevent the Spread of COVID-19 in Long-Term Care Facilities
- What Healthcare Professionals Should Know (CDC)
- o cdc.gov/coronavirus/2019-ncov
- o Coronavirus Disease Information for Healthcare Professionals
- o Arizona Pandemic Influenza Response Plan
- Non-Pharmaceutical Intervention Plan
- o List N: Disinfectants for Use Against SARS-CoV-2

# **Long Term Care Facilities**

